***Instructor Information:***

Coach Sweet Phone: 480-883-5296 Email: sweet.jeremy@cusd80.com

Office Hours: Monday-Friday, M11, 6:30-7:15 AM by appointment.

***Class Description:***

This course is designed to help students become aware of how good health habits can be a means of improving the quality of their lives. This class, based on ARIZONA Comprehensive Health Standards, will cover such topics as diets, nutrition, family relationships and structure, substance abuse, mental and social wellness, safety, self-esteem, consumer health, environmental health and responsible decision making.

***Materials /Supplies:***

* Notebook and note taking materials.
* Pencil/pen and paper – it is your responsibility to be prepared with supplies everyday.
* Folder for assignments/reading packets, etc.

***Classroom Rules and Expectations:***

1. When in person, be in your **SEAT** and working on the warm-up activity when the final bell rings.
2. When online, please be attentive, front and center.
3. Listen quietly on teacher signal and always when someone is speaking.
4. Raise hand to speak.
5. Put your cell phones away. You are not allowed to take your cell phones to the restroom. Do not allow your cell phones to be a distraction.
6. Be respectful at ALL times.
7. Follow school dress code in person or online. Be sure your environment is appropriate when online.
8. When in person, you MUST have a conference pass if you wish to go somewhere during conference.
9. When in person, you must be on time. Being tardy will result in loss of daily participation points.
10. No food or drink allowed out during class time, in person or online. Be professional.
11. 10 absences may result in being dropped from the class
12. Don’t make an easy class hard.

***Discipline:***

1st offense Verbal warning.

2nd offense Deduction of ½ the participation points for the day. Phone call or email to parents.

3rd offense Loss of all participation points and referral to an administrator.

***Grading and Course Assignments***

All students will have the opportunity to EARN an “A.” The students’ grades will be based on:

* ***Participation*** – 40 points/week
	+ Students will earn a total of 40 points per week for attendance, participation and behavior. 10 points will be awarded for each day’s worth of class time. Points can be lost when not participating, poor behavior, tardiness, being on your cell phone, having your headphones in, not completing your warm up, talking while I’m talking, etc.
* ***In-class assignments*** – 20 points
	+ all in-class assignments are due at the end of that class period to receive full credit, unless otherwise instructed by teacher. Online assignments are due before the start of the next time our class meets.
* ***Movies*** – 20 points
	+ Several movies will be watched throughout the semester in conjunction with the content and units that we cover. These videos may be watched in person or assigned. These movies may include but are not limited to “A Beautiful Mind”, “Super Size Me”, “Osmosis Jones” and A&E’s “Intervention”. Study guides will be assigned and they must be completed for credit.
* ***Homework –*** homework projects may consist of the following and is subject to change each week
	+ Bring Your Lunch
	+ Character Book
	+ Wellness Scale
	+ Health Goals
	+ Nutritional Chart
	+ Current Events
* ***Quizzes / Tests***
* ***Final – 20 % of your grade***

The student’s final grade will be determined by the following:

1st Quarter – 40%

2nd Quarter – 40%

Final Exam – 20%

***Homework and Quiz/Test policy:***

* **It is the responsibility of the STUDENT to make up missed work. It is up to 20% off each week that work is late starting with day one.**
* Full credit will be given to students making up work for *excused absences*. The student will be allowed the same amount of days as they were absent to make up the work/test.
* Please see attendance policy statement to understand when an assignment would be considered late.

***Guest Speakers***

If and when we return to on campus in person instruction, we may have several guest speakers that come in during the course of the semester. If any special concessions are needed when these speakers present, please have your parents contact me via email.

* Rebecca Riggs: Suicide Awareness and Prevention
* Northstar Youth Partnership: Abstinence
* Chandler Police Department: Drinking and driving, traffic laws, texting and driving, etc.

***Diversity Statement***

***All individuals have a right to an educational environment free from bias, prejudice and bigotry. As members of the Hamilton High School educational community, students are expected to refrain from participating in acts of harassment that are designed to demean another student’s race, gender, ethnicity, religious preference, disability or sexual orientation.***

***Excessive Absences***

***A.R.S. §15-803 (B) states that absences may be considered excessive when the number of absent days exceeds ten percent of the number of required attendance days prescribed in A.R.S. §15-802. Ten percent equates to nine (9) days of absences per semester regardless of whether they are excused or unexcused.  Students with excessive excused absences will be required to provide medical documentation to remain in class and excuse any further absences. If additional absences occur, and medical documentation is not provided, the student will be referred to administration.***

***Appropriate use of technology – board policy IJNDC-R:***

***The Governing Board intends that technological resources provided by the District be used in a safe responsible and proper manner in support of the instructional program and for the advancement of student learning. It is the policy of the Chandler Unified School District to maintain an environment that promotes ethical and responsible conduct in all electronic resource activities by staff and students. The District reserves the right to monitor use of the District’s systems for improper use without warning or prior consent. Students shall be informed that computer files and electronic communications, including email, are not private and may be accessed by the District at any time. Inappropriate use may result in disciplinary action and/or legal action in accordance with the law and Board policy. Please visit the student handbook at https://www.cusd80.com/handbooks for further details about appropriate use of technology use.***

***Virtual Attendance Statement:***

***Attendance is based on engagement. If a student is not present for synchronous instruction and does not complete the asynchronous/alternative assignment for the daily class meeting, then the student is considered absent. Teachers will contact attendance clerks once a student is determined to be absent.***